



## **Public Transportation**

**Metro Transit Authority (MTA)  
Customer Care Call Center  
(615) 880-3970**

Each bus is accessible and has seats reserved for seniors and persons with disabilities. Travel Trainers provide help with riding the bus. A Senior discount pass is available.

**AccessRide (MTA)  
Customer Care Call Center  
(615) 880-3970**

For people who can't ride the regular bus or get to a bus stop because of a physical or mental disability. Riders must be medically certified. Service is by reservation. Call for an application or reservation: M-F/ 6:30 a.m.–6:30 p.m., Saturday/ 8 a.m.–5 p.m., & Sunday/ 10:30 a.m.–2:30 p.m.

[www.nashvillemta.org](http://www.nashvillemta.org)

**MCHRA Public Transit  
(615) 850-3956**

**1 (866) 456-4967**

Mid-Cumberland Human Resource Agency provides curb-to-curb service in accessible vehicles throughout the 13 county Middle Tennessee region (to/from Davidson from outlying counties, but not within Davidson).

Call for trip prices. Advance reservations required.

[www.mchra.com](http://www.mchra.com)



## **Taxicabs- Accessible**

The following taxi companies have accessible vans available for seniors and people with disabilities:

**Allied Cab/Nashville Cab  
(615) 883-2323**

**American Music City Taxi  
(615) 865-4100**

**Checker Cab  
(615) 256-7000**

**Yellow Cab Metro, Inc.  
(615) 256-0101**



## **Community Services**

Some agencies, senior centers and medical facilities may offer limited transportation, so always ask. Local examples include:

**American Cancer Society  
(615) 327-0991**

**Toll-Free 1-800-227-2345**

For Davidson County cancer patients going to medical facilities. Call one week in advance.

**Berry Hill Public Works  
(615) 292-5531**

Free transportation for residents of Berry Hill (parts of zip codes 37204 & 37211). Call to ask if you qualify.

**Metro Social Services,  
Senior Nutrition Program  
(615) 880-2292**

Transportation to some nutrition sites & home-delivered meals.

## **TennCare Medical Transportation**

Call your doctor or TennCare provider for information. Be sure to call several days before your appointment.

## **Private Transportation**

Call information or use the phone directory for numbers of private companies and limousine services. Also, many in-home care and personal support services agencies offer transportation.

## **Commuter Rail**

**(615) 862-8833**

The Music City Star offers accessible commuter rail service between Downtown Nashville's Riverfront Station and Lebanon, TN. The train also stops at stations in Martha, Mt. Juliet, Hermitage, and Donelson.  
[www.musiccitystar.org](http://www.musiccitystar.org).



## AccessRide Eligibility

AccessRide is a door-to-door, shared-ride transportation service available to people whose disability prevents them from using the fixed-route bus. To become eligible, you must complete an application and demonstrate that because of your disability you are unable to use MTA's accessible fixed route bus service.

Applications are available through MTA AccessRide, or you can download a copy from the MTA web site ([www.nashvillemta.org](http://www.nashvillemta.org)). An Eligibility Specialist will help with the application process and answer questions. Call the **Customer Care Call Center** at **(615) 880-3970**. All application information is confidential.

Office hours to make reservations: M-F / 6:30 a.m. – 6:30 p.m.;  
Saturday / 8 a.m. – 5 p.m. & Sunday / 10:30 a.m. - 2:30 p.m.

## Using the Bus

Route information is on their web site or you can call the **MTA Customer Care Center: (615) 862-5950, TTY (615) 880-3286**. Comments are welcomed at [customercomments@nashville.gov](mailto:customercomments@nashville.gov) or write MTA Customer Care, 130 Nestor St., Nashville, TN 37210.

MTA offers a free travel training speaker program or a free travel trainer to teach people how easy it is to ride accessible fixed-route buses to their destinations of choice. Call **(615) 880-3970 ext. 1552**. **Seniors may purchase discount passes.**

## Driver Safety Education

AARP's *55 Alive* driver refresher course may be taken in person or online. Many insurance companies offer discounts upon completion of the course. For locations, call toll-free **1-888-227-7669** or visit their web site at [www.aarp.org/families](http://www.aarp.org/families).



## Other Help & Information

### **Aging & Disability Resource Connection (615) 255-1010**

Information for seniors & people with disabilities in Middle TN

### **Tennessee Disability Pathfinder**

English & Español: **1-800-640-4636**. TTY: 711 for free relay

service. Internet community, print directory, free statewide helpline for people with disabilities, families, providers, advocates.

Email: [tnpathfinder@vanderbilt.edu](mailto:tnpathfinder@vanderbilt.edu)  
<http://kc.vanderbilt.edu/tnpathfinder>

**211** – Need help? Other Resources? Dial 211 for free, confidential connection to community services. Available 24 hours/ 7 days a week.

### **Council on Aging**

The COA *Directory of Services for Seniors* and other resources are available in print and online. Write, call, email, or visit the website:

95 White Bridge Road  
Suite 114 • Nashville, TN 37205  
**(615) 353-4235**

[info@councilonaging-midtn.org](mailto:info@councilonaging-midtn.org)  
[www.councilonaging-midtn.org](http://www.councilonaging-midtn.org)



## **Nashville Rides Transportation Resources**

This brochure is provided by the Council on Aging of Greater Nashville (COA). Since 1985, COA has studied gaps in services for older adults and found solutions for unmet needs. Currently, there is a need for more accessible, affordable and accountable transportation for seniors, as well as a need for better information. Here you will find information about many transportation options in Davidson County. We hope you find this useful.

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[www.nashville.gov/sservices](http://www.nashville.gov/sservices)